



This institution is an Equal Opportunity Provider
 Assorted Fresh Vegetable and Fruit Bar will be offered on a daily basis. A variety of milk will be available with each meal.



Hours of Operation	
Breakfast	7:00- 7:30 am
Lunch	11:16 am – 12:32pm
Full Price	Breakfast Lunch \$1.75 \$3.25
Reduced	\$.30 \$.40

LCJVS Menu – October 2019

30 <u>Breakfast Entrée</u> Pancake Wrapped Sausage <u>Lunch</u> Min Corn Dogs Buffalo Chicken Wrap Cobb Salad Grilled Ham & Cheese Mixed Vegetables	1 <u>Breakfast Entrée</u> Pancakes <u>Lunch</u> Chicken Bowl Buffalo Chicken Wrap Cobb Salad Grilled Ham & Cheese Corn	2 <u>Breakfast Entrée</u> Sausage Gravy & Biscuits <u>Lunch</u> French Toast & Sausage Buffalo Chicken Wrap Cobb Salad Grilled Ham & Cheese Hash Browns	3 <u>Breakfast Entrée</u> Mini Bagels <u>Lunch</u> Homestyle Chicken Alfredo Buffalo Chicken Wrap Cobb Salad Grilled Ham & Cheese Parmesan Green Beans	4 <u>Breakfast Entrée</u> Sausage Breakfast Sandwich <u>Lunch</u> Nacho Bar Buffalo Chicken Wrap Cobb Salad Grilled Ham & Cheese Black Beans
7 <u>Breakfast Entrée</u> Pancake Wrapped Sausage <u>Lunch</u> Chicken Nuggets Philly Steak Melt Turkey Bacon Sub Chicken Caesar Salad French Fries	8 <u>Breakfast Entrée</u> Pancakes <u>Lunch</u> Mac and Cheese Philly Steak Melt Turkey Bacon Sub Chicken Caesar Salad Broccoli	9 <u>Breakfast Entrée</u> Breakfast Pizza <u>Lunch</u> Doritos Walking Taco Philly Steak Melt Turkey Bacon Sub Chicken Caesar Salad Refried Beans	10 <u>Breakfast Entrée</u> Mini Bagels <u>Lunch</u> Cheese Lasagna Philly Steak Melt Turkey Bacon Sub Chicken Caesar Salad Green Beans	11 <p style="text-align: center;">NO SCHOOL TODAY</p>
14 <u>Breakfast Entrée</u> Pancake Wrapped Sausage <u>Lunch</u> Cheeseburger Bar Grilled Italian Flatbread Buffalo Chicken Wrap Grilled Chicken Salad French Fries	15 <u>Breakfast Entrée</u> Pancakes <u>Lunch</u> Chicken Fajitas Grilled Italian Flatbread Buffalo Chicken Wrap Grilled Chicken Salad Black Beans	16 <u>Breakfast Entrée</u> Sausage Gravy & Biscuits <u>Lunch</u> Turkey Gravy w Mash Potato Grilled Italian Flatbread Buffalo Chicken Wrap Grilled Chicken Salad Mashed Potato	17 <u>Breakfast Entrée</u> Mini Bagels <u>Lunch</u> General Tso Chicken Stir Fry Grilled Italian Flatbread Buffalo Chicken Wrap Grilled Chicken Salad Asian Vegetables	18 <u>Breakfast Entrée</u> Sausage Breakfast Sandwich <u>Lunch</u> Buffalo Chicken Nacho Grilled Italian Flatbread Buffalo Chicken Wrap Grilled Chicken Salad Refried Beans
21 <u>Breakfast Entrée</u> Pancake Wrapped Sausage <u>Lunch</u> Beef Soft Tacos Turkey Club Flatbread American Sub Buffalo Chicken Salad Refried Beans	22 <u>Breakfast Entrée</u> Pancakes <u>Lunch</u> Hot Dog Bar Turkey Club Flatbread American Sub Buffalo Chicken Salad French Fries	23 <u>Breakfast Entrée</u> Breakfast Pizza <u>Lunch</u> Fiestada Turkey Club Flatbread American Sub Buffalo Chicken Salad Mixed Vegetables	24 <u>Breakfast Entrée</u> Mini Bagels <u>Lunch</u> Fried Chicken Turkey Club Flatbread American Sub Buffalo Chicken Salad Green Beans	25 <u>Breakfast Entrée</u> Sausage Breakfast Sandwich <u>Lunch</u> Penne Pasta and Meatballs Turkey Club Flatbread American Sub Buffalo Chicken Salad Peas
28 <u>Breakfast Entrée</u> Pancake Wrapped Sausage <u>Lunch</u> Chicken Lo Mein Buffalo Chicken Wrap Cobb Salad Grilled Ham & Cheese Asian Vegetables	29 <u>Breakfast Entrée</u> Pancakes <u>Lunch</u> Chicken Enchiladas Buffalo Chicken Wrap Cobb Salad Grilled Ham & Cheese Black Beans	30 <u>Breakfast Entrée</u> Sausage Gravy & Biscuits <u>Lunch</u> French Toast & Sausage Buffalo Chicken Wrap Cobb Salad Grilled Ham & Cheese Hash Browns	31 <u>Breakfast Entrée</u> Mini Bagels <u>Lunch</u> BBQ Pork Buffalo Chicken Wrap Cobb Salad Grilled Ham & Cheese Corn	

Available everyday options include: Chef Salad, Turkey and Cheese , Bosco Sticks, Pizza, Cheeseburger, Chicken Patty Sandwich, Spicy Chicken Sandwich, .

