



This institution is an Equal Opportunity Provider
 Assorted Fresh Vegetable and Fruit Bar will be offered on a daily basis. A variety of milk will be available with each meal.



Hours of Operation	
Breakfast	7:00- 7:40 am
Lunch	10:31 am – 1:24pm
Meal Price	
Breakfast	\$1.75/\$.30
Lunch	\$3.25/ \$.40

LCJVS Menu – October 2022

3 <u>Breakfast Entrée</u> Mini Waffles <u>Lunch</u> Bosco Sticks Chef Salad Turkey Club Hoagie Sweet Peas	4 <u>Breakfast Entrée</u> Breakfast Tornado <u>Lunch</u> Teriyaki Beef Dippers w Rice Chef Salad Turkey Club Hoagie Broccoli	5 <u>Breakfast Entrée</u> Mini Pancakes <u>Lunch</u> Baked Penne Pasta w Breadstick Chef Salad Turkey Club Hoagie Green Beans	6 <u>Breakfast Entrée</u> Breakfast Sandwich <u>Lunch</u> Mini Corn Dog Chef Salad Turkey Club Hoagie Tater Tots	7 <u>Breakfast Entrée</u> Apple Frudel <u>Lunch</u> Guardians Day Hot Dog with Pretzel & Cheese Chef Salad Turkey Club Hoagie Carrots
10 <u>Breakfast Entrée</u> Mini Waffles <u>Lunch</u> Macaroni & Cheese Buffalo Chicken Wrap Cobb Salad Mixed Vegetables	11 <u>Breakfast Entrée</u> Breakfast Pizza <u>Lunch</u> Beef Soft Taco Buffalo Chicken Wrap Cobb Salad Refried Beans	12 <u>Breakfast Entrée</u> Mini Pancakes <u>Lunch</u> Popcorn Chicken Bowl Buffalo Chicken Wrap Cobb Salad Corn	13 <u>Breakfast Entrée</u> Breakfast Sandwich <u>Lunch</u> General Tso Chicken w Eggroll Buffalo Chicken Wrap Cobb Salad Asian Vegetables	14 NO SCHOOL NEOEA DAY
17 <u>Breakfast Entrée</u> Mini French Toast <u>Lunch</u> Chicken & Cheese Quesadilla Italian Hoagie Chicken Caesar Salad Corn	18 <u>Breakfast Entrée</u> Breakfast Tornado <u>Lunch</u> Breakfast for Lunch Italian Hoagie Chicken Caesar Salad Hashbrowns	19 <u>Breakfast Entrée</u> Mini Pancakes <u>Lunch</u> Beef and Cheese Nachos Italian Hoagie Chicken Caesar Salad Black Beans	20 <u>Breakfast Entrée</u> Breakfast Sandwich <u>Lunch</u> Bacon Cheeseburger Bar Italian Hoagie Chicken Caesar Salad Green Beans	21 <u>Breakfast Entrée</u> Apple Frudel <u>Lunch</u> Chicken Tenders Italian Hoagie Chicken Caesar Salad Carrots
24 <u>Breakfast Entrée</u> Mini Waffles <u>Lunch</u> Buffalo Chicken Dip Crispy Chicken Wrap Buffalo Chicken Salad Broccoli	25 <u>Breakfast Entrée</u> Breakfast Pizza <u>Lunch</u> Chicken Drumstick w Biscuit Crispy Chicken Wrap Buffalo Chicken Salad Corn	26 <u>Breakfast Entrée</u> Mini Pancakes <u>Lunch</u> Chicken Bacon Ranch Flatbread Crispy Chicken Wrap Buffalo Chicken Salad Green Peas	27 <u>Breakfast Entrée</u> Breakfast Sandwich <u>Lunch</u> Walking Taco Crispy Chicken Wrap Buffalo Chicken Salad Refried Beans	28 No School Professional Development Day
31 <u>Breakfast Entrée</u> Mini French Toast <u>Lunch</u> Chicken Fajitas American Hoagie Grilled Chicken Salad Black Beans	Go Guardians Good Luck in the Playoffs!!			

Pizza, Cheeseburgers, Chicken sandwiches, Peanut butter and jelly will be available as an everyday option