





This institution is an Equal Opportunity Provider
 Assorted Fresh Vegetable and Fruit Bar will be offered on a daily basis. A variety of milk will be available with each meal.



Hours of Operation	
Breakfast	7:00- 7:40 am
Lunch	10:31 am – 1:24pm
Meal Price	
Breakfast	\$1.75/\$.30
Lunch	\$3.25/ \$.40

LCJVS Menu – November 2022

31 <u>Breakfast Entrée</u> Mini French Toast <u>Lunch</u> Chicken Fajitas American Hoagie Grilled Chicken Salad Black Beans	1 <u>Breakfast Entrée</u> Breakfast Pizza <u>Lunch</u> BBQ Rib Sandwich or Mexican Fiestada American Hoagie Grilled Chicken Salad French Fries	2 <u>Breakfast Entrée</u> Mini Pancakes <u>Lunch</u> Cheese Ravioli American Hoagie Grilled Chicken Salad Broccoli	3 <u>Breakfast Entrée</u> Breakfast Sandwich <u>Lunch</u> Beef and Cheese Nachos American Hoagie Grilled Chicken Salad Refried Beans	4 <u>Breakfast Entrée</u> Apple Frudel <u>Lunch</u> Chicken Tenders American Hoagie Grilled Chicken Salad Corn
7 No School Professional Development Day	8 <u>Breakfast Entrée</u> Breakfast Pizza <u>Lunch</u> Teriyaki Beef Dippers w Rice Chef Salad Italian Flatbread Chicken Caesar Wrap Broccoli	9 <u>Breakfast Entrée</u> Mini Pancakes <u>Lunch</u> Baked Penne Pasta w Breadstick Chef Salad Italian Flatbread Chicken Caesar Wrap Green Beans	10 <u>Breakfast Entrée</u> Breakfast Sandwich <u>Lunch</u> Mini Corn Dog Chef Salad Italian Flatbread Chicken Caesar Wrap Tater Tots	11 <u>Breakfast Entrée</u> Apple Frudel <u>Lunch</u> Bacon Cheeseburger Bar Chef Salad Italian Flatbread Chicken Caesar Wrap Mixed Vegetables
14 <u>Breakfast Entrée</u> Mini Waffles <u>Lunch</u> Macaroni & Cheese Buffalo Chicken Wrap Turkey Ranch Flatbread Cobb Salad Mixed Vegetables	15 <u>Breakfast Entrée</u> Breakfast Pizza <u>Lunch</u> Beef Soft Taco Buffalo Chicken Wrap Turkey Ranch Flatbread Cobb Salad Refried Beans	16 <u>Breakfast Entrée</u> Mini Pancakes <u>Lunch</u> General Tso Chicken Buffalo Chicken Wrap Turkey Ranch Flatbread Cobb Salad Asian Vegetables	17 <u>Breakfast Entrée</u> Breakfast Sandwich <u>Lunch</u> Roast Turkey & Mashed Potatoes w Gravy Buffalo Chicken Wrap Turkey Ranch Flatbread Cobb Salad Corn	18 <u>Breakfast Entrée</u> Apple Frudel <u>Lunch</u> Chicken Nuggets Buffalo Chicken Wrap Turkey Ranch Flatbread Cobb Salad Tater Tots
21 <u>Breakfast Entrée</u> Mini French Toast <u>Lunch</u> Breakfast for Lunch Italian Hoagie Grilled Cheese w Bacon Chicken Caesar Salad Hashbrowns	22 <u>Breakfast Entrée</u> Breakfast Pizza <u>Lunch</u> Hot Dog Italian Hoagie Grilled Cheese w Bacon Chicken Caesar Salad Corn	Thanksgiving Break Enjoy the time with friends and family		
28 <u>Breakfast Entrée</u> Mini Waffles <u>Lunch</u> Bosco Sticks Crispy Chicken Wrap Grilled Ham & Cheese Buffalo Chicken Salad Broccoli	29 <u>Breakfast Entrée</u> Breakfast Pizza <u>Lunch</u> Meatball Hoagie Crispy Chicken Wrap Grilled Ham & Cheese Buffalo Chicken Salad Corn	30 <u>Breakfast Entrée</u> Mini Pancakes <u>Lunch</u> Walking Taco Crispy Chicken Wrap Grilled Ham & Cheese Buffalo Chicken Salad Refried Beans		

Pizza, Cheeseburgers, Chicken sandwiches, Peanut butter and jelly will be available as an everyday option